Lifeguards must remain vigilant and alert at all times. At no time is this more important than in the busy summer swim season. Supervisors must support effective guarding by ensuring that schedules and facilities allow for appropriate breaks, adequate shade and plenty of water for hydration. Taking time at a staff meeting to review the Lifeguard Pledge is a good mid-summer activity that will remind Guards of their important duty.

Preventing Bullying at Camp is the job of every staff member. Take a mid-summer moment to remind staff that they need to discuss camper rules and role model the behavior in these rules. Let campers know that bullying is unacceptable and won’t be tolerated. Bullying usually occurs in places when counselors are not around, so it is important to make bullying a regular topic of discussion with your campers. More information can be found in the Bullying Prevention Tip Sheet for Camp Staff from the American Camp Association.

Risk Management Essentials e-news focuses on technology risks, including: cyber security, cloud computing, personal devices at work, and cyber liability coverage. You’ll read about the common mistakes nonprofit leaders make when using new cloud technologies or establishing “Bring Your Own Device” policies. The issue also features input from cloud expert David Linthicum, CTO and Founder of Blue Mountain Labs, and cyber liability expert Matt Prevost, AVP of Cyber and Professional Liability at Philadelphia Insurance Companies. Download The Tech Issue HERE or view it Online.

USA Swimming Offers Abuse Training Program and a Travel Policy. In an effort to address the mounting concern over the safety of its underage athletes, USA Swimming has launched two initiatives. The first, a new online abuse prevention training program designed specifically for its young athletes, defines sexual abuse and what to do if someone violates physical, emotional or behavioral boundaries. The Safe Sport abuse prevention training is presented in nine short video sections. The organization had previously released similar training for non-athlete members, including coaches, volunteers and officials, as well as for parents of young athletes. The organization’s Athletes’ Executive Committee also has developed travel policies and procedures for all underage athletes attending meetings or conventions. The most important aspect of these policies is the requirement of a designated adult chaperone for every traveling athlete. The athlete and the responsible chaperone will be required to acknowledge, in writing, their respective responsibilities prior to any trip. Read more HERE.
Here’s a Tale of Two Hands from Gary Forster. Most camps still aren’t taking the Norovirus threat seriously. And several dozen camps will again close for a session or more this summer as a result. This is all because we don’t have kids wash or sterilize their hands before they eat. Please read this simple factsheet on Norovirus from the Centers for Disease Control (CDC) and remember to get everyone to wash their hands before every meal. Read more from Gary [HERE](#).

Millions of workers utilize lifts to perform work at heights. Over the years, it has become the go-to mobile tool for those working at lower heights. But when it comes to fall protection on lifts, guardrails - which have been the standard for many years - might not cut it. It’s important to realize working at heights always has its risks. In fact, falls continue to be the leading cause of death in the construction industry, and as of 2011, falls rank No.1 on OSHA’s top 10 most serious violations. OSHA requires the use of fall protection equipment anytime a fall of 6 feet or more is possible. Read more [HERE](#).

This Month’s Topics:
- Lifeguard Pledge
- Bully Prevention at Camp
- Technology Risks
- USA Swimming Abuse Prevention
- Preventing Communicable Disease at Camp
- Lift Safety